

Staff Safety Plan for the Spirit Water Spa

Safety

- Massage Practitioners must perform Covid 19 self assessment prior to arriving for a shift or entering the spa
- Spa treatment room to be accessed only by practitioner(s) on shift and by clients during their appointments only
- Wash hands frequently with soap and water
- Use sanitizing hand gel upon entering the spa (mandatory)
- Disposable mask of the style regulated for health practitioners is mandatory when practitioners meet clients for appointments, at all times within the spa room, at all times during spa sessions, (optional) while social distancing outside the spa room
- Disposable gloves (optional) during spa treatments, prepping the spa, handling clean linens within the spa, prepping products in the spa, Disposable gloves (mandatory) during handling of used linens, used spa products/tools during clean-up that have been handled by other practitioners
- Protective eyeglasses (optional)
- Spa Uniform (mandatory) to be stored in designated practitioner cubby and changed into for start of shift / bagged and laundered after shift
- No practitioner street clothes or shoes allowed in the spa - changing will be done in designated staff area
- Clothing Covering (mandatory) to be worn over spa uniform during client sessions and changed/bagged for laundering after each session
- Practitioners will have their own tools/products and be mindful not to touch common items during a session or if unavoidable to sanitize their hands after doing so
- Practitioners will maintain physical distancing guidelines (2m) at all times when outside the spa treatment room

Operations

- Use disinfectant on all spa room switches, door handles (inside and out) during each new access to spa room
- Use disinfectant on all spa room touch points, surfaces, washroom facilities, spa equipment in between each session and room prep
- Practitioners use only their own designated tools/products and sanitize any communal equipment in between sessions/room prep
- Clients are booked over the phone and emailed COVID screening questions prior to appointment approval/confirmation
- Clients are emailed protocols and online massage waiver forms after appointment is approved/confirmed
- Clients are instructed where/when to meet practitioners for their appointments
- Practitioners call clients the day of appointment and verbally ask COVID questions prior to client's arrival for scheduled appointment
- Clients will be wearing a mask or given a mask by practitioners to wear upon arriving for their appointment and will keep it on for the duration of their spa session
- Practitioners verbally inform clients of protocols for safely storing shoes, outerwear, hand sanitizing before entering spa treatment room
- Once in the spa treatment room, practitioners conduct a body talk check-in and clients are given privacy to get on the massage table
- Practitioners upon reentering treatment room must sanitize hands before touching anything in the room and must wash hands thoroughly before beginning client treatment
- Payments for spa treatments are conducted as no-cash, tap or key pad credit/debit transactions (no e-transfers)
- Appointments will be staggered with minimum of 30 mins in between each appointment for proper spa/treatment room sanitation
- Spa Practitioners will be educated in spa covid protocols, proper mask and protective equipment donning and removal
- Spa practitioners will be informed of all protocols in place throughout Ainsworth Hot Springs and spa management will communicate the spa safety plan to upper management of Ainsworth Hot Springs Resort so all staff may be informed, cooperative and consistent with procedures

-Spa Covid protocols will be updated and adapt as needs emerge and new information is available

Spa Practitioner Linens/Laundry Handling:

Safety

- Disposable mask and gloves (mandatory) when handling used linens after spa treatment sessions
- Protective eyeglasses (optional)

Operations

- Dirty laundry including all practitioner spa uniforms/clothing coverings is to be placed in a sealed bag/sealed laundry bucket in closet
- Laundry Buckets to be transported to designated spa laundry facility
- Use disinfectant on all laundry room equipment, switches, buttons, door handles (inside and out)
- 1 practitioner staff per laundry room
- Carefully unroll soiled linens/terry and place into washing machine
- Place wet sanitized laundry in clean laundry baskets for transportation to dryer
- Transport clean laundry in sanitized laundry baskets to spa room and fold/stack laundry immediately into designated storage areas
- Ensure clean towels, shower curtains, linens are stored properly away from sneeze/cough zones and changed during each treatment session

Workplace Signage

- WorkSafe BC poster "Cover coughs.."
- WorkSafe BC poster "Wash hands..."
- ProvincialPhysical distancing poster - reminding practitioners to distance at all times outside the spa treatment room
- WorkSafe BC poster "How to use a Mask"
- Spa Covid protocol safety and operations plan posted in the spa

Public Facing Signage

- "Do not visit if you are sick..." posted outside spa treatment room and inside at guest-facing client transaction station
- "wash/sanitize hands upon entering" poste ent room and inside at guest-facing client transaction station