

<u>Appetizers</u>

Skillet Roasted Salt Spring Island Mussels

Salt Spring Island Mussels with boar sausage, grape tomatoes, rosemary, shallots, garlic, caper berries, white wine, lemon, and butter. Served with house made bannock. 24

Charcuterie Board

Daily meat and cheese selection with house pickles, wild blueberry mustard, mixed nuts, berries, and bannock crostini. $\mathbf{26}$

Bannock with Spruce Butter

House made sage bannock with whipped spruce tip butter. 12

Dry Rub Chicken Wings

Free run, whole wings prepared with our signature dry rub. 18

Bison French Onion Soup

Braised bison and caramelized onions in a sherry scented bison broth. Baked with bannock croutons and Swiss cheese. 17

Grilled Elk Satays

Sage chimichurri marinade, wild blueberry birch glaze and candied rose-hip salt. 18

Soup of the Day Cup 8 Bowl 10

SALADS

Add Chicken 9 Add Salmon 9 Add Tofu 9 Add 4 oz Steak 12

Hot Springs Salad

Mixed greens, grape tomatoes, cucumber, radishes, with a sunflower and lemon dressing. LARGE 21 SMALL 10

Kale Quinoa Salad

Baby kale and quinoa tossed with grape tomatoes, pumpkin seeds, hazelnuts, sun-dried blueberries, and hemp hearts in a maple vinaigrette. Topped with Okanagan goat cheese. LARCE 22 SMALL 12

Caesar Salad

House made caesar dressing, mixed greens, boar bacon, bannock croutons, Grana Padano and lemon. LARGE 22 SMALL 12

Arugula Beet Salad

Local beets, arugula, hemp hearts, pumpkin seeds, and sumac dressing. Topped with Okanagan Goat Cheese. LARCE 22 SMALL 12

Cranberry Cobb Salad

Avocado, boar bacon, Little Qualicum blue Claire, cherry tomato, toasted pecan, cranberries, soft boiled egg, and cranberry dressing on mixed greens. **22**





BURGERS AND CASUALS

Burgers come with a choice of soup, hot springs salad or hand cut shoestring fries. Substitute Yam fries 3 Caesar salad 3 Kale salad 3 Add bacon, cheddar, Swiss or mushrooms 2

Ktunaxa Grill Beef Burger

Grass fed beef patty, arugula, house cheddar sauce, tomato jam, sage mustard, and a pickle on a hemp heart brioche bun . 24

Ktunaxa Grill Chicken Burger

Seasoned chicken breast, Swiss cheese, mushrooms, arugula, boar bacon jam, and cranberry relish on a hemp heart brioche bun. 22

Ktunaxa Grill Veggie Burger

House-made patty, sumac-carrot chutney, arugula, sage mustard, and tomato jam on a hemp heart brioche bun. 22

The Reuben

Smoked brisket, Swiss cheese, sage mustard, and house fermented Blaukraut on Kaslo sourdough. 22

Fish and Chips

Wild BC rockfish in a fresh dill beer batter with hand cut shoestring fries and our signature dip. ${f 24}$

Westcoast Albacore Tuna Bowl

Nettle crusted Haida Gwaii Albacore tuna, warm jasmine rice, tomato, radish, beet, cucumber, sprouts, avocado, and pumpkin seed dressing. 24 tofu substitute available upon request

ADD-ONS 8

Hot springs salad Kale quinoa salad Caesar salad Arugula beet salad Yam fries Handcut shoestring Fries Kaslo sourdough garlic toast

Minimum gratuity of 20% for parties of 8 or more Take Out Orders – Minimum gratuity of 12%







For 12 years old and younger

All meals include an 8oz Beverage and Dessert 17

Fish and Chips (1 Piece)

Choice of Fries, Soup or Salad

Grilled Cheese

Choice of Fries, Soup or Salad

Angus Burger

Choice of Fries, Soup or Salad

Chicken Strips

Choice of Fries, Soup or Salad

Pasta and Cheese Sauce

Beverages

Juices

Apple, Orange, Grapefruit, Cranberry, Tomato

Soft Drinks

Pepsi, Diet Pepsi, Lemonade, Iced Tea, Ginger Ale, 7-up, Orange Crush, Dr. Pepper, Root Beer

Other

Milk, Chocolate Milk

